



## Calm, Connected, Confident





## WEEKEND PROGRAM

## Equine Assisted Learning through experience:

Focusing on connecting back to ourselves emotions, awareness, presence, energy, boundaries







## PROGRAM DATES:

24 JUNE, 1.30-4.30PM & 25 JUNE - 9.00AM-1200PM

For enquiries and to complete a booking form 0439 950 954 dawn@riverlandsrise.com Ages 10-16. Max 6 participants \$99 each, booking confirmed on payment No prior horse experience needed This program does not involve riding